

## THE RETREAT

Spend 7 nights at  
Saletoga Sands Resort  
on the island of Upolu, Samoa.

Enjoy day tours & cultural  
activities with local, English  
speaking guides.

All levels of Yoga experience  
catered for making this retreat  
perfect for everyone!

Take an optional day tour to the  
island of Savai'i.

Husbands are very welcome,  
Fishing charter available.

## Yoga with Audra Samoa Retreat '24



The Treasured Islands of the South Pacific



# SAMOA YOGA RETREAT

22-29 JUNE 2024



*Beautiful*  
IS BACK

**Contact:**  
**Audra Saunders**

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# Samoa Yoga Retreat June 2024

## FACILITATOR

**Audra Saunders**  
Senior Yoga Teacher  
& Yoga Therapist



## ACTIVITIES

**Visit Waterfalls & Beaches,  
Museums & Cultural centres,  
Swim with Turtles & Giant Clams,  
+ Free Time & an optional  
Day trip to Savai'I Island.**



## INCLUSIONS

**7 nights accommodation  
Daily Yoga, Daily Breakfast,  
3 Dinners, 4 Tours &  
Cultural Experiences  
+ Return Island transfers.**



## ACCOMMODATION



**Beachfront Resort,  
Pool & Day Spa,  
Restaurant & Bar,  
Hire Cars available on-site.**

## MEALS



**Daily Breakfast +  
3 Dinners included.**  
- Welcome, Farewell +  
A Traditional FIAFIA evening.  
All other meals are up to you.

